

➤ **March 4, 2026**

**10 am - 11:30 am**

**1.5 CEUs** Available for LNHAs & ALAs

**Psychotropics, PRNs & GDR—Compliance in Practice**

The updated regulatory guidance in April 2025, once again brought the need for the LTC interdisciplinary team including the medical directors to focus on resident behaviors, ensuring accurate, substantiated mental health diagnoses, use of non-pharmacological interventions and close monitoring of psychotropic medications. CMS is not alone in monitoring the use of psychotropic medication. The Office of the Inspector General (OIG) has focused on reduction of psychotropic medications and the use of other medications such as anticonvulsants for their sedating effect.

During this webinar we will discuss the impact of these regulations on the care of LTC residents with psychiatric illnesses, the importance of monitoring behaviors, the use of psychotropic medications, and the need for person centered care. We will discuss the GDR process, the importance of supporting documentation, and the need for team collaboration when medications are reduced.



**Barb Bates, RN, MSN, DNS-MT, QCP-MT**  
Senior Advisor

**Barbara A. Bates, RN, MSN, DNS-MT, QCP-MT** has 49+ years' experience in Geriatric psychiatry and LTC nursing, holding management, and administration positions. Barbara served as a Chief of Service, Team Leader and Nurse Administrator in the psychiatric system for 25 years. Following transfer to the NYS Veterans Home, Mrs. Bates worked as a Director of Nursing Service II until retirement in 2008 with 38 years of service. Mrs. Bates has a MSN, specializing in Nursing Education, and is a master teacher for DNS-CT and QCP through AAPCN. She has spoken nationally for HIN, AAPACN, and Pioneer Network. Barbara is currently employed by MedNet Concepts as a Health Care Specialist and functions as the Team Leader for the Behavioral Healthcare review team. Mrs. Bates also works for MDS Consultants and is an Executive Trainer for the company. She is a former member of the DNS-EAP committee for AAPACN and volunteers for the NYS Surrogate Decision-Making Committee, a NY Governor-appointed position. In 2019 she was awarded the Contributor of Year Award from AAPACN.

**Kristine Martinez, RN, RAC-CT, QCP** started her Registered Nurse career in acute care, where she spent 20 years in various settings, including oncology, orthopedics, and ICU. In 2010, she started working part-time in a local 60-bed SNF/LTC, which supported culture change and person-centered care. She eventually took over both the MDS coordinator and Director of Nursing position there, and for 10 years Kristine was successfully able to combine those roles. She was also able to teach CNA classes at a local community college, which allowed her to incorporate culture change into CNA training with real-world applications.

With this experience, Kristine became an expert at managing quality measures, case mix and reimbursement, resident-centered care planning, and surviving and thriving through the survey process. This career path has allowed her to transition into her current position with MDS Consultants, where she is responsible for system management and the role of Assistant Director of Education.



**Kristine Martinez, RN, RAC-CT, QCP**  
Assistant Director of Education  
MDS Consultants

**THANK YOU TO OUR SPONSOR!**



**REGISTRATION INFORMATION**

NAB Identifier: \_\_\_\_\_

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Facility Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

**MEMBER FEE** **\$159**

**NON-MEMBER FEE** **\$209**

**Cost is per connection.** Multiple participants may listen in on one connection at the cost of one registration. Multiple connections from the same facility will be invoiced an additional registration fee.

Confirmations will be sent once a registration is processed. Connection information will be sent one day prior to the session.

- A link to the webinar program and call-information
- Handouts
- A credit form
- An evaluation form

**SEND YOUR REGISTRATION TO ERIN ARMSTRONG**

**EMAIL:** [earmstrong@nyshfa-nyscal.org](mailto:earmstrong@nyshfa-nyscal.org) | **FAX:** 518.426.4051

**MAIL TO:** Foundation for Quality Care • 33 Elk Street • Suite 300 • Albany • NY • 12207

**METHOD OF PAYMENT:**

- CHECK (Please make checks payable to Foundation for Quality Care)
- AMEX       DISCOVER
- MASTERCARD       VISA

Credit Card No.	Exp. Date:
Cardholder Name:	
Authorized Cardholder Signature:	

\* I authorize NYSHFA/NYSCAL/FQC to use the above Discover, MasterCard, VISA, or AMEX to charge applicable registration fees. I also understand that registration fees of those who cancel the day of the program or fail to attend are forfeited. PLEASE NOTE: Payment Will Show on Your Credit Card Statement as NYS Health Facilities Association.

[NYSHFA-NYSCAL.ORG](http://NYSHFA-NYSCAL.ORG)

STAY CONNECTED!

