

For Immediate Release  
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### **MIRIAM ADELSON RECEIVES EMPLOYEE RECOGNITION AWARD**

ALBANY, N.Y. – Miriam Adelson, a licensed practical nurse at St. Mary’s Hospital for Children in Bayside, NY has received the 2023 Licensed Practical Nurse of the Year Award from the New York State Health Facilities Association/New York State Center for Assisted Living (NYSHFA | NYSCAL). The award was presented on May 10th at the 2023 NYSHFA | NYSCAL Awards Banquet during the Association’s annual conference in Verona, NY.

Miriam Adelson has worked at St. Mary’s Hospital for Children since 2006. Throughout her career, she has shown an exceptional work ethic. She is a team player and treats her colleagues with respect and dignity. Miriam has worked on two different inpatient units where she was able to make a positive impact on the residents' lives. She is a member of the Council of Nursing Excellence, which oversees the facility's journey on the Pathway to Excellence Designation.

“Miriam shows constant mentorship, initiative and compassion towards not only the children and families, but also her colleagues,” said Maggie Sidarous, administrator of St. Mary’s Hospital for Children. “We are proud that she has been honored with this prestigious award from NYSHFA | NYSCAL.”

"It's an honor to be selected by NYSHFA | NYSCAL for the 2023 Licensed Practical Nurse of the Year Award and to be representing St. Mary's at today's event," said Miriam Adelson, Licensed Practical Nurse at St. Mary’s Hospital for Children. "This award is a testament to the work we do every day at St. Mary's to provide the highest level of care to some of New York City’s most critically ill and injured children."

The Employee Recognition Awards honor individuals for their outstanding contributions to skilled nursing facilities. They are awarded in the categories of Registered Nurse of the Year, Licensed Practical Nurse of the Year, Certified Nursing Assistant of the Year; Manager of the Year and Heart and Hands Award.

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*The New York State Health Facilities Association/New York State Center for Assisted Living (NYSHFA | NYSCAL) is a member-driven association of providers of long term care services, caring for individuals of all ages in proprietary, not-for-profit, and government-sponsored skilled nursing, post-acute, rehab, adult care and assisted living communities across the state of New York. NYSHFA | NYSCAL is dedicated to assisting its members in achieving excellence in the provision of efficient and effective quality long term care services through leadership, professional development and active involvement in the shaping of public policy.*

*St. Mary's Healthcare System for Children has been the primary provider of long-term and rehabilitative care for New York's most critically ill and injured children since the 1870s. St. Mary's Healthcare System is one of only a handful of organizations around the country that is dedicated to providing intensive rehabilitation, specialized care, and education to children with special needs and life-limiting conditions.*

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