

For Immediate Release
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CHRIS PANEK RECEIVES VOLUNTEER OF THE YEAR AWARD

ALBANY, N.Y. – Chris Panek has received the 2023 Adult Volunteer of the Year Award for his volunteer service at Hudson Valley Rehab. and Extended Care Center in Highland, NY. The award was presented on May 10th at the 2023 NYSHFA | NYSCAL Awards Banquet during the Association’s annual conference in Verona, NY.

Chris Panek has volunteered at Hudson Valley Rehab. and Extended Care Center for over 12 years. He is willing to come in five days a week if needed and will do anything that is asked of him. Chris enjoys visiting the residents on a one-to-one basis. He helps transport them on beauty shop days and to activities programs. He has run bingo programs, musical moves, arts and crafts, name that tune, word games and much more. He is simply a part of the facility and he makes a difference for all of the residents.

“Chris’ commitment and dedication to our residents is greatly appreciated,” said Kathryn Costello, administrator of Hudson Valley Rehab. and Extended Care Center. “His volunteerism is truly exemplary and deserving of this prestigious award from NYSHFA | NYSCAL.”

NYSHFA’s Volunteer of the Year Awards Program recognizes outstanding volunteers serving in skilled nursing facilities.

Winners received an engraved obelisk and were invited to attend the NYSHFA | NYSCAL annual conference.

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The New York State Health Facilities Association/New York State Center for Assisted Living (NYSHFA | NYSCAL) is a member-driven association of providers of long term care services, caring for individuals of all ages in proprietary, not-for-profit, and government-sponsored skilled nursing, post-acute, rehab, adult care and assisted living communities across the state of New York. NYSHFA | NYSCAL is dedicated to assisting its members in achieving excellence in the provision of efficient and effective quality long term care services through leadership, professional development and active involvement in the shaping of public policy.