

For Immediate Release
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ALEXANDRA FITT AND FAINNE SHEEHAN RECEIVE
VOLUNTEER OF THE YEAR AWARD

ALBANY, N.Y. – Alexandra Fitt and Fainne Sheehan have received the 2022 Young Adult Volunteer of the Year Award from the New York State Health Facilities Association/New York State Center for Assisted Living (NYSHFA | NYSCAL).

Ms. Fitt and Ms. Sheehan received the award for their volunteer service at Westhampton Care Center in Westhampton, NY. Their involvement there began in 2016, when they thought it might be nice to play some holiday music for the residents. So, on flute and harp, they performed a short concert. From that day on, in addition to performing more concerts, they found other ways to spend time with their friends at the facility. They started bringing their two dogs to visit as part of a pet therapy program. When COVID-19 struck, and they were no longer able to visit in person, they began creating monthly, personalized Birthday Wishes videos to let the residents know they were still in their thoughts.

“Alexandra and Fainne’s commitment and dedication to our residents is greatly appreciated,” said Kelly Brady, Administrator of Westhampton Care Center. “Their volunteerism is truly exemplary and deserving of this prestigious award from NYSHFA | NYSCAL.”

NYSHFA’s Volunteer of the Year Awards Program recognizes outstanding volunteers serving in skilled nursing facilities.

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The New York State Health Facilities Association/New York State Center for Assisted Living (NYSHFA | NYSCAL) is a member-driven association of providers of long term care services, caring for individuals of all ages in proprietary, not-for-profit, and government-sponsored skilled nursing, post-acute, rehab, adult care and assisted living communities across the state of New York. NYSHFA | NYSCAL is dedicated to assisting its members in achieving excellence in the provision of efficient and effective quality long term care services through leadership, professional development and active involvement in the shaping of public policy.