

## Nursing Home Artists Honored in 2020 Annual Calendar

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**ALBANY, NY** — Art is a powerful medium of expression. Particularly for the aging, it can present an opportunity to open up to outsiders what may be a lifetime of inspirational images never before shared. Thirteen artists who happen to be residents of New York State skilled nursing and assisted living facilities translated visions from their hearts and minds into winning entries of a juried art contest, now featured in a 2020 calendar, "Art from the Heart."

The annual calendar is the result of an art contest launched in 2004 by the Foundation for Quality Care, Inc., the New York State Health Facilities Association (NYSHFA) and the New York State Center for Assisted Living (NYSCAL). Residents of more than 400 NYSHFA/NYSCAL member skilled nursing and assisted living facilities around the state were invited to submit artwork.

Each NYSHFA/NYSCAL member was encouraged to hold their own art contest and was invited to submit up to two pieces of original artwork by their residents. The response was overwhelming, with more than 110 pieces submitted from across New York state. The judges included local artists and representatives from the New York State Museum in Albany.

Ranging in age from 52 to 78, the different backgrounds of the artists who submitted work creates a unique blend of artistic styles. Some are professional artists who have been drawing and painting their entire lives, while others discovered their talents after moving into a long term care facility where they began taking art classes.

"Our residents have shared such rich stories through their artwork," said Nancy Leveille, RN, MS, executive director of the Foundation for Quality Care, Inc. "The 'Art from the Heart' calendar provides a forum for these talented and interesting individuals to shine."

Proceeds from the "Art from the Heart" calendar will benefit the Foundation for Quality Care as it continues its work to improve the quality of care for those living in New York State skilled nursing and assisted living facilities. Additional calendar copies may be ordered via the NYSHFA/NYSCAL website at www.nyshfa-nyscal.org.

## \*\*Photos of Artwork and Artists Available\*\*

## This Year's "Art from the Heart" Art Contest Winners

- Tim Bartholomew, Northeast Center for Rehabilitation and Brain Injury, Lake Katrine, NY
- Lydia Bedford, Clove Lakes Health Care & Rehab Center Inc., Staten Island, NY
- Roberto Cortes, Hope Center, Bronx, NY
- Linda Day, East Neck Nursing & Rehab Center, West Babylon, NY
- Shirley Goetz, The Pavilion at Vestal Park, Vestal, NY
- Gabriel Guadalupe, Bronx Gardens Rehabilitation & Nursing Center, Bronx, NY
- Bruce Hillard, Albany County Nursing Home, Albany, NY
- Choi Jong, Northern Manor Multicare Center, Nanuet, NY
- Carol Lucas, The Hamptons Center for Nursing & Rehab, Southampton, NY
- Serafina Meehan, Heathwood Assisted Living at Williamsville, Williamsville, NY
- Shireen Naderi, Hillside Manor Rehab & Extended CC LLC, Jamaica Estates, NY
- Mark Pettengil, Cooperstown Center for Rehabilitation and Nursing, Cooperstown, NY
- Mary Kate Sinkus, Clove Lakes Health Care & Rehab Center Inc., Staten Island, NY

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The Foundation for Quality Care, Inc. is a non-profit educational foundation affiliated with the New York State Health Facilities Association/New York State Center for Assisted Living (NYSHFA/NYSCAL), a statewide membership organization of more than 400 licensed skilled nursing and assisted living facilities. The membership is diversified and represents individual and multi-facility operations of proprietary, voluntary and government sponsorship. Members take care of more than 67,000 ill, aged and infirm New Yorkers. Members of NYSHFA/NYSCAL are dedicated to the highest standards of care and to the quality of life of all residents.